

Expanding Your Toolbox: Integrating Therapeutic Approaches in Pediatrics

Name: _____

Email: _____

Phone #: _____

Discipline: _____

Employer: _____

AHS Zone: _____

Dietary Restrictions: _____

35 Participant Max: 1st come, 1st served

REGISTRATION DEADLINE:

July 30, 2017

Return your registration form
by email to:

Laura.kupsch@ahs.ca

Registration will be confirmed
on receipt of payment.

Send cheque, payable to,
Alberta Health Services to:

Laura Kupsch

Wetaskiwin Community Health Centre

5610-40 Avenue

Wetaskiwin AB T9A 3E4

Who Should Attend:

Physical and Occupational
Therapists working with children
experiencing neurological
challenges

Cost: \$550

This fee includes all course materials,
lunch and snacks.

Time: 9:00 - 4:00 pm daily

Accommodations:

A block of 10 rooms has been reserved
under Children's Rehabilitation Services at
a discounted rate at:

Camrose Best Western Plus

Reservations: 780-679-2376

Camrose Ramada

Reservations: 844-406-4206

Course Cancellation policy:

Cancellations prior to July 30, 2017 will
be refunded the registration less \$100
administration fee. After July 30, 2017
refunds will be issued only if a
replacement can be found.

Questions?

Contact Sylvia Schell at
sylvia.schell@ahs.ca or
Cheryl Klass at
cheryl.klass@ahs.ca

Sponsored by:



Children's Rehabilitation Services

Expanding Your Toolbox: Integrating Therapeutic Approaches in Pediatrics

September 13-14, 2017



Instructors:

Kim Barthel OTR
Shelley Mannell PT

Camrose, Alberta
The Bethany Group (Auditorium)
4612 53 Street

Discover How to Expand Your Toolbox

There are many different frames of reference that blend together to form a holistic approach to pediatric intervention. Combining and integrating theories assists in deepening the detective work necessary for problem-solving and development of an optimal individualized treatment plan.

The goal of this workshop is to provide a 2-day integrated learning experience. Through videos, client demonstrations and practical lab work each day, you will have the opportunity to do assessments, problem-solve and learn treatment skills as they directly apply to clients. Come and participate in a stimulating learning environment where you are actively engaged with experienced teachers and therapists. Self-reflection is encouraged throughout; the goal of this workshop is integration of skills that are essential for the management of children with a variety of challenges including difficulties with movement, self-regulation, behavior, and social-emotional development.

What are the treatment theories and techniques that will be integrated during this workshop?

- Attunement and tuning in - the backdrop of therapy
- Processing sensation and organizing arousal
- Understanding posture - holding on and staying put
- Dynamic Core for Kids - the development of central stability
- Developmental Movement Patterns - foundations for function
- Handling for alignment and functional movement
- Seeing and moving - putting the eyes in the picture

What are the learning objectives for this workshop?

Upon completion of the workshop, participants will be able to:

- Understand, both theoretically and practically, how multiple systems contribute to motor function in a wide variety of pediatric clients.
- Assess pediatric clients using a systems model framework, implementing both observational and hands-on assessment skills.
- Develop and carry out an individualized, integrative treatment plan for motor function in pediatric clients.
- Engage comfortably in actively problem-solving assessment and treatment scenarios.

Kim Barthel OTR



Kim Barthel is a world-renowned teacher and occupational therapist, actively supporting multi-disciplinary function and healing in many cultures. A pioneer in reinforcing the importance of relationship in therapy and education, she is known for blending cutting-edge developments in neuroscience with the art of compassionate inquiry. With 30+ years as an OT, Kim's specialties include Neuro-developmental Treatment, Sensory Processing, Complex Behaviour, Autism, Mental Health, Trauma Informed Practice, and Attachment. To empower personal reflection, she recently co-authored the national best-seller "Conversations with a Rattlesnake" with NHL hockey legend Theo Fleury. Kim's mission is to support the conscious evolution of the human spirit. To see more about Kim, her website is www.kimbarthel.ca, she's on Twitter @kimbarthelOTR and on Facebook under 'Kimberly Barthel'

Shelley Mannell PT



Shelley Mannell serves babies, children and adolescents across a spectrum of neurological and developmental disabilities. She integrates a broad spectrum of clinical skills and research to provide an understanding of movement across multiple domains. Shelley founded HeartSpace Physical Therapy for Children in order to support clients as they mature through the lifespan. Shelley began teaching as a clinical faculty member in the Faculty of Rehabilitation Science at McMaster University and continues to participate in clinical research and education. She is a certified children's yoga and meditation facilitator and the co-creator of Dynamic Core for Kids, an evidence-based approach to central stability for children with motor and sensory challenges. Shelley teaches internationally, discussing the dynamic systems nature of the development of postural control and its application to assessment and intervention for children. You can follow her at www.heartspacept.com