

Register in a group of 3 or more and get 10% off each!

Day 1:

Self-Regulation*: Managing Learning Difficulties and Undesired Behaviour

*Self-regulation is the ability to monitor and control our own behaviour, emotions, and thoughts, altering them in accordance with the demands of the situation. It allows us to respond appropriately and effectively to our environmental demands.

This workshop is an introduction to the elements of self-regulation and its profound influence upon learning and behaviour in school. Many children with conditions such as Attention Deficit Hyperactivity Disorder, Autism Spectrum Disorder, Cerebral Palsy, developmental trauma and/or other emotional behavioural disorders experience difficulty regulating their energy levels and balancing their sensory systems. This can be disruptive to the learning environment and social interaction. It also produces stress responses resulting in inattention, impulsivity and limited retention of learned information.

Takeaways from this workshop:

- Learn the different methods of providing appropriate support for children who have difficulty processing sensory information and regulating their emotions.
- Identify ways to manage the child’s varying activity levels through curriculum activities and adaptations.
- Understand how to develop therapeutic and attuned relationships with students to support the development of balanced emotional states for optimum learning.

Target Audience:
Educators, teachers, allied educators, tutors (in mainstream or special needs settings), therapists (occupational, physio & speech), psychologists and parents.

Fees (incl gst)	Before VCF funding	After VCF funding
Day 1	\$300.00	\$180.00
Day 2	\$300.00	\$180.00

IMPORTANT: Confirmation of your registration will be made only upon our receipt of payment and payment must be made on or before 9 October 2017.

Day 2:

Decoding the Autistic Brain – A Primer

A presentation of pioneering research in the neurobiology of autism with treatment strategies supporting professionals who work with children on the Autism Spectrum Disorder (ASD). If you are an educator, a therapist (in the areas of occupational, physiotherapy or speech), a psychologist, educator or parent you will develop a deeper understanding of the brain-body science of ASD, evidence informed treatment and therapy choices across a wide range of possibilities for children with ASD.

Day 1 : 29th November 2017
Day 2 : 30th November 2017

Time : 9.00am – 5.00pm

Venue: AWWA Ltd – Khoo Foundation Auditorium
11 Lorong Napiri, Singapore 547532

About the Trainer
Kimberly Barthel



Kim is a world-renowned teacher and occupational therapist, actively supporting multi-disciplinary function and healing in many cultures internationally. Her revolutionary process reinforces the importance of relationship in therapy, blending the art of intuitive inquiry with cutting-edge developments in neuroscience.

Some of Kim’s specialties include Mental Health, Complex Behaviour, Sensory Processing, Attachment, Addiction, PTSD, FASD, the Visual/Vestibular System and Neuro-Developmental Treatment. To empower personal reflection, she recently co-authored the national best-seller “Conversations with a Rattlesnake” with Theo Fleury. Kim’s mission is to support the conscious evolution of the human spirit. For more on Kim, check out kimbarthel.ca, Twitter: @kimbarthelotr and Facebook: Kim Barthel

Learning Outcomes

Day 1:

Self-Regulation*: Managing Learning Difficulties and Undesired Behaviour

Upon completion of this workshop, participants will be able to:

1. Understand behaviours and learning based on observations that look beyond labels and diagnoses.
2. Evaluate sensory processing* contributions to challenging behaviour; assess whether a child is attempting to stimulate their state of arousal or calm themselves in relationship to environmental demands.
3. Understand the science of relationship within the pedagogy of education.
4. Learn how to design optimum learning environments, put sensory strategies into action and develop therapeutic relationships with students to support the development of balanced emotional states for optimum learning.

*sensory processing refers to the way the nervous system receives messages from the senses and turns them into appropriate motor and behavioural responses.

Day 2:

Decoding the Autistic Brain – A Primer

Upon completion of this workshop, participants will be able to:

1. Have an introductory understanding of the current science of genetic and environmental interaction in the development of ASD.
2. Have an introductory appreciation of the immune system's effect upon the brain and the behaviour of individuals with autism.
3. Understand how the neurological wiring of autism impacts attention span, self-regulation, learning and behaviour.
4. Plan teaching and therapy strategies based on an understanding of neuro-science.