

The Learning Workshop
☎(905) 709-3354
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www.thelearningworkshop.ca

Beyond Weight Bearing: Developing Upper Extremity Function in Children and Adolescents

Presented By:
Kim Barthel, OT
November 24th, 25th and 26th, 2017

Location:
YWCA Toronto
87 Elm Street
Toronto, Ontario
M5G 0A8

Sponsored by:
The Learning Workshop

Course Description

Occupational Therapists and Physiotherapists working with children experiencing neurological challenges will benefit from participation in this intensive upper extremity workshop.

This 3-day seminar will combine lecture, lab, video presentation and hands-on demonstrations with children. Content will focus on the characteristics of development and the treatment of upper extremity use and grasp and manipulation in functional daily activities.

Learning Objectives

Upon completion of this course, participants will be able to:

- Gain knowledge of the motor, sensory, cognitive and behavioral foundations for use of arm and hands for support, contact grasp and manipulation.
- Observe and identify essential postural, sensory and perceptual elements necessary to use the arms and hands functionally.
- Identify missing elements in children with developmental, neuro-motor or sensory processing challenges.
- Set goals, plan treatment and identify strategies to optimize strengths and minimize barriers to performance.
- Apply the knowledge and skills learnt to improve upper extremity function of children in daily activities.

About the Presenter

Kim Barthel is a world-renowned teacher and occupational therapist, actively supporting multi-disciplinary function and healing in many cultures. A pioneer in reinforcing the importance of relationship in therapy, she is known for blending cutting-edge developments in neuroscience with the art of compassionate inquiry. With 30+ years as an OT, Kim's specialties include Neuro-Developmental Treatment, Sensory Processing, Complex Behaviour, Autism, Mental Health, Trauma Informed Practice, and Attachment. To empower personal reflection, she recently co-authored the national best-seller *Conversations with a Rattlesnake* with NHL hockey legend Theo Fleury. Kim's mission is to support the conscious evolution of the human spirit.

To see more about Kim, her website is www.kimbarthel.ca, she's on Twitter @kimbarthelOTR and on Facebook under 'Kimberly Barthel'

Agenda

Day One (Friday November 24th)

8:30am	The Neurobiology of upper extremity function
10:15am	Break
10:30am	When in Doubt Treat the Trunk! Postural Contributions to Upper Extremity Function
12:00pm	Lunch (on your own)
1:00pm	Trunk Lab
2:30pm	Break
2:45pm	Treatment Demonstration
4:00pm	Discussion
4:30pm	End of Day

Day Two (Saturday November 25th)

8:30am	Transition from stable posture to loading the upper extremity: Lab
10:15am	Break
10:30am	Shoulder Girdle Function and Reach
12:00pm	Lunch (on your own)
1:00pm	Treatment demonstration: Shoulder/Forearm
2:30pm	Break
2:45pm	Elbow, forearm and wrist: Missing links in placement of the hand
3:30pm	Forearm Lab
4:30pm	End of Day

Day Three (Sunday November 26th)

8:30am	The Hand and Grasp
10:15am	Break
10:30am	Treatment of the Hand lab
12:00pm	Lunch (on your own)
1:00pm	Manipulation skills: Understanding the motor control of manipulation
2:30pm	Break
2:45pm	Treatment of the Hand Demonstration
4:00pm	Developing treatment strategies specific to manipulatory function in daily activities

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Registration Fees

\$600 (includes breakfast, snacks and handouts) + HST (\$78)= \$678

We accept e-transfer payment, cheque, credit card/pay pal.

Make cheque payable to "The Learning Workshop"

Refunds will be given until 30 days prior to the course. A \$50 administrative fee will be applied to all refunds. **No refunds will be given for cancellations made within 30 days of the first day of the course.**

The Learning Workshop reserves the right to cancel a course for just cause. Cancellation due to insufficient registration will not occur less than three weeks prior to the course. In such a case full tuition will be promptly refunded. Non-refundable airfares will not be reimbursed.

Registration

Name:

Address:

Phone:

Email:

Fax:

Profession:

Place of Work:

Register on line:
www.thelearningworkshop.ca

OR

Mail/E-mail registration to:
The Learning Workshop
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