

SEED Paediatric Services is delighted to host leading international clinician in the area of childhood trauma, Kim Barthel.



Psycho-Sensory Processing Intervention

INFORMED AND INTEGRATED MENTAL HEALTH SUPPORT STRATEGIES FOR THE TREATMENT OF TRAUMA

This three-day workshop will provide an integrated theoretical connection about the neurological interplay between attachment, developmental trauma and sensory processing issues. Participants will develop an understanding of the use of relational attunement as a regulatory influence that supports and stabilises the arousal and sensory processing systems. This workshop will uniquely blend the integration of psychotherapeutic skills with sensory processing intervention. Therapists, teachers, and parents will learn how to put these two distinct therapeutic approaches together as a mechanism for the development of self-regulation and mental health function. A combination of theory and practical trauma interventions will emphasise compassionate dialoguing skills, sensory strategies, postural control and movement techniques together with attachment theory and psychotherapeutic process work. Learning will be facilitated through lecture, story-telling, group problem-solving from case examples, role plays and active reflection.

Participants will be able to:

- Explain how attachment strategies are functionally adaptive in relation to developmental trauma
- Describe the connection between trauma, arousal and sensory processing challenges
- Discuss how the use of relational attunement skills and therapeutic use of self can stabilise arousal and support sensory processing issues
- Develop a repertoire of sensory processing strategies for the treatments of trauma
- Understand how trauma impacts postural control
- Learn to provide treatment intervention to the postural and movement system to affect change in the emotional responses to trauma (treating trauma through the body)
- Begin to integrate psychotherapeutic process within a sensory motor context

LOCATION: LORRIMER DODD LECTURE THEATRE, SYDNEY CHILDREN'S HOSPITAL WESTMEAD

DATE: SATURDAY 10TH , SUNDAY 11TH AND MONDAY 12TH NOVEMBER 2018

TIME: 9AM TO 4.30PM. **INVESTMENT:** \$695 IN TOTAL

REGISTRATION: CONTACT TONI AT PH: (02) 6363 1870 OR E: TONI@SEEDPAEDIATRICSERVICES.COM

www.seedpaediatricsservices.com